1. VarChar (14) is the best. That’s because there, it can fit the max number and is also flexible and thus can shore shorter stings as well. Moreover, in case of shorter string, it can even save space.
2. Here we need to do a combination of keys (Item\_no + Borrowed\_date + Client\_No). That is because in a single day, a person can borrow a single movie and thus this combination key will be unique!